



#### I AM A TEACHER BECAUSE...

Physical education and sport science are one subject, Which has a very important role in helping to promote the fundamental value of humanity to a good quality of life.

#### I AM A COACH BECAUSE...

The kids and the passion I have for the sport itself. To helping young athletes further develop their natural persistence, determination, discipline, dedication, resiliency, work ethic, heart, leadership, skills, connection with and respect for others, not only in competition, but in life!!!

(COACHES TRAINING ROOM.)

## Asst. Prof. Kritsada Tampradit, Ph.D.

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### Specializations

- Physical Education
- Sport Science
- Sport Management

### Competency

- Sport events management
- Sports Coaching
- Sports Periodization
- Leadership in Sports & Recreation
- Futsal Coach of University
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### Education

**Doctor of Philosophy in Exercise and Sport science (2012-2016)**  
**Ph.D. (Sport management), Burapha University, Chonburi, Thailand**  
**Thesis: Standard competency of undergraduate in sport management program.**

**Supervisor: Associate Professor Dr.Nopporn Tasnaina.**

**Co-advisor: Assistant Professor Dr. Santipong Plungsuwan.**

**Co-advisor: Dr.Prawit Tongchai.**

**Master of Science (2005-2008)**

**M.Sc. (Exercise and Sport science), Burapha University, Chonburi, Thailand**

**Thesis: Expectation for and actual usage of services among members of Chulalongkorn University Sport Center.**

**Supervisor: Assistant Professor Dr.Santipong Plungsuwan.**

**Co-advisor: Assistant Professor Dr.Naruepon Vonglaturapat.**

**Co-advisor: Assistant Professor Dr.Sompoch Anegasukha.**

**Bachelor of Science (2000-2004)**

**B.Sc. (Physical Education), Burapha University, Chonburi, Thailand**

### Certifications

- Applied Periodization for Athlete (24-28 SEP 2018) by Sports Authority of Thailand.
- Principle of Speed Agility and Power Training (14-19 Jul 2019) by Sports Authority of Thailand.
- Northern Region Sports Science Network Training Project (9-11 August2022) by Sports Authority of Thailand.
- Develop Potential to Increase Primary Care Skills and Emergency Management in Exercisers and Athletes. (11 June 2023) by School of Science University of Phayao.
- Innovative Technology for Health and Hight Performance (30 January 2024) by Kasetsart University

## Publications

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1. Kritsada Tampradit. (2019). Guidelines for Managing Sport Club of University of Phayao. Academic Journal Institute of Physical Education. 11(2). May – August.
2. Kritsada Tampradit. (2020). The Health Behaviors of Undergraduate Students in University of Phayao. Academic Journal Institute of Physical Education. 12(2). May – August.
3. Kritsada Tampradit and Pichet Chailert. (2022). A Study of Quality of Life of Physical Education Teachers in Phayao Province. Academic Journal of Thailand Sports University. 14(2). May – August.
4. Kritsada Tampradit and Nattakorn Boontawe. (2022). Health – Related Physical Fitness of Students Enrolled in Recreation Activities and Group Dynamics Course. Academic Journal of Thailand Sports University. 14(3). September – December.
5. Kritsada Tampradit, Arinchon inching, Atthapakorn Kaenthongcharoen and Nattakorn Boontawe. (2023). The Health Literacy and Health Behaviors 3Aor 2Sor of University of Phayao Student. Journal of Health, Physical Education and Recreation. 49(2). May – August.
6. Kritsada Tampradit, Tippana Muangma, and Wisanu Samakhetrakarn and Prachya Wangtrakul. (2023). The Factors Influenced Stress Management in Online Learning of Phayao University Undergraduate Student. Journal of Health, Physical Education and Recreation. 49(3). September - December.

## Experience

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- 2009 – Present    Lecturer (Exercise and Sport Science); Department of Exercise and Sport Science, School of Science, University of Phayao, Thailand.
- 2016 – 2019        Organizer of recreation activities and relationship groups.
- 2008 – 2009        Lecturer (Health and Physical Education); Piboonbumpen Demonstration School, Burapha University, Chonburi, Thailand
- 2006 – 2007        Personal Trainer; The Tide Resort Bangsaen, Chonburi, Thailand.
- 2007                 Doping Volunteer of the 24<sup>th</sup> SEA Games Competition, Nakhon Ratchasima, Thailand

## Conferences

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1. Poster Presentation, “The Exercise Behaviors of Student at University of Phayao.” at The 8<sup>th</sup> Phayao Research conference, University of Phayao, 24-25 JAN 2018.
2. Poster Presentation, “Analysis of Penetration Performance in Beach Volleyball” at The 10<sup>th</sup> Science Research Conference, Mahasarakham University, 24 – 25 MAY 2018.
3. Poster Presentation, “The Effect of Nine-Squares and Ladders Training Program on Agility of Futsal Players Phayao University” at The 11<sup>th</sup> Science Research Conference, Srinakharinwirot University, 23 – 24 MAY 2019.
4. Poster Presentation, “The Effect of Agility Training on Futsal Dribbling Skill of Futsal Players Phayao University” at The 11<sup>th</sup> Science Research Conference, Srinakharinwirot University, 23 - 24 MAY 2019.
5. Poster Presentation, “Effects of Pilates Training on Strength and Weakness of Core Muscles of Phayao University Personnel” at The 13<sup>th</sup> Science Research Conference, Thaksin University, 12 – 13 MAY 2022.
6. Poster Presentation, “Effects of Training in Receiving and Passing the Ball Movement and Non-movement on Accuracy of Futsal Athlete. at The 13<sup>th</sup> Science Research Conference, Thaksin University, 12 – 13 MAY 2022.
7. Poster Presentation, “The Effect of SAQ Training on Agility of Students in Science, Exercise and Sport in Futsal Courses.. at The 14<sup>th</sup> Science Research Conference, Thaksin University, 25 – 26 MAY 2023.
8. Full Paper “The Exercise Behaviors of Staff in University of Phayao” Academic Journal of Science and Applied Science. 2566(2). July - December. (ISSN2697-4568 Online)

